Health Screening Questions – Quick Reference Card

Please cut out and fold the card below and keep in a convenient place. This card is to be used to help self-assess whether you should come to work or not.

1. Since you last came to work, have you had any of the following NEW or UNUSUAL-FOR-YOU symptoms?
   - Fever of 100.4°F or above, or possible fever-like symptoms like alternating chills and sweating
   - Muscle or body aches that are not exercise-related
   - Sore throat
   - Frequent cough (not smoker’s cough or your normal seasonal allergies)
   - New loss of smell or taste
   - Trouble breathing, shortness of breath, or severe wheezing
   If the honest answer to ALL questions is NO, come to work as scheduled. If the answer to any of these questions is YES, see other side.

2. Have you or anyone in your household tested positive for COVID-19?
3. Does anyone in your household have symptoms of COVID-19?
4. Since you last came to work have you traveled internationally?

What do I do if I answered YES to any of the questions?

- Follow these directions and consult your health care provider and local public health officials:

  - Get tested for COVID-19
  - Follow hygiene practices
  - Isolate

  If you have any questions, please contact your Human Resource representative.